Before a Move: Consider Your Options

Are you thinking about moving to a Registered Housing with Services setting*?

Before you sign a lease or housing contract you need to call the Senior LinkAge Line® for Long Term Care Options Counseling. It can help you find services that meet your needs.

To receive the service, call the Senior LinkAge Line® at 1-800-333-2433. The Senior LinkAge Line® helps people and their families find local resources and make decisions about long-term services and supports.

You do not need to call in the following situations:

1. You are entering into a lease-only arrangement in a subsidized housing setting.
2. You had a Long Term Care Consultation and got verification of the consultation (verification code).
3. You are currently receiving or are being evaluated for hospice services from a licensed hospice provider.
4. You developed a financial long-term care plan within 12 months before you sign and lease or contract. The plan needs to include the following:
   • The plan lists an alternate decision maker if you are unable to make your own financial or health care decisions.
   • The plan covers the financing of the rent and service costs for 60 months after the date you move, and does not include public program payments such as Medical Assistance or Group Residential Housing.
5. You moved into the housing setting on an emergency basis.

*Housing with services providers are registered by the Minnesota Department of Health.
When you call, you will talk with an expert. Together, you will:

- Look at your current situation.
- Find services that may be helpful to you.
- Learn about financing options. These resources might help you pay for services you may need.

Take the following important steps:

1. Call the Senior LinkAge Line® at 1-800-333-2433. Or, use the Minnesota Relay Service at 711 or 1-800-627-3529 (TDD). Or call 1-877-627-3848 (speech-to-relay service).

2. The Specialist will ask you some basic questions and discuss your options.

3. At the end of the call you will receive a verification number.

4. Write down the number and put it in a safe place.

5. You will receive a copy of the number by mail.

If you decide to move, give your verification number to the housing provider. Do this before you sign a lease or housing contract.

If you decide not to move, keep the number in a safe place should you later need it.

What this means for you:

- Make just one call for help with making decisions about services or finding help.
- Have better information to make choices.
- Get support to consider all of your options.
- Make the right choice at the right time for you.

The Senior LinkAge Line® is a statewide service of the Minnesota Board on Aging and is provided locally through six Area Agencies on Aging. The Senior LinkAge Line® is available by phone at 1-800-333-2433, Monday through Friday, 8:00 a.m. to 4:30 p.m.